



red tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Principal Wethers' Message:



Welcome back everyone to the second half of the school year. The students and staff come back from Winter Break rejuvenated and ready to finish out the school year strong. We continue to plan for opening the site as soon as it is safe to do so. Our staff continues to address the whole child and meet their academic and social/emotional needs while we remain in Virtual Learning.

The next few months have various holidays, so please make sure to keep your calendars handy. Always listen to the Sunday afternoon message for updated information. The first holiday is Martin Luther King Day on January 18, 2021.

During the next few months, we will continue to address positive attendance. Congratulations to students and parents. We were at 97% attendance during the month of December. Please continue to ensure students do not end up in a chronic absence situation. Feel free to contact the office if assistance is needed. We appreciate your support.

Happy New Year,
Mrs. Wethers

MLK HOLIDAY
NO SCHOOL



Martin Luther King, Jr. Day



If you can't fly, then **run**.
If you can't run, then **walk**.
If you can't walk, then **crawl**,
but by all means, **keep moving**.

- Martin Luther King Jr.

Resource Links:

Community
Flyers



Rail Ranch
School Year
Calendar

Parent/Student
Handbook



Rail Ranch
Website

Lunch Menu



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Hawk Happenings

January

VALENTINES FOR VETS DATES ARE 1/12-1/22
SEE PTA FLYER FOR DETAILS

TUESDAYS:

Talk Time Tuesdays for 3-5 students at 3 pm

THURSDAYS:

Meal pick up 12:30- 6 pm (First Loop by the MPR doors)

•NEW• Talk Time Thursdays for K-2 students at 1 pm

1/18-Monday- MLK HOLIDAY NO SCHOOL

1/19-Tuesday- ELAC Meeting Coffee & Conversation @ 2-3 pm
See flyer attached for Zoom Link

MATERIALS PICK UP DATES FOR JANUARY:

** CERTAIN CLASSES/GRADES ONLY**

1/19-Tuesday- KINDER, 4th grade & Ms. Hamilton's Class 1/20-
Wednesday- 5th Grade & Ms. Hensley

(Mrs. Strege's class does NOT have pick up this week)

CURTIS KARATE IS OFFERING VIRTUAL CLASSES! Please see flyer for more information

CLASS DATES:

Monday January 25th @ 3:00pm

Monday February 1st @ 3:00pm

Monday February 8th @ 3:00pm

Monday February 15th @ 3:00pm

SAVE THE DATE: MATERIALS PICK UP FOR FEBRUARY

Monday- 2/1- Kinder & Ms. Hensley

Tuesday-2/2- 4th grade & Ms. Hamilton's

Wednesday-2/3- 1st & 5th grades

Friday- 2/5- 2nd & 3rd grades

Daily Schedule:

8:00-12:00-

Live whole/small group instructional time- Times will vary based on individual teacher/class schedules.

Morning meeting (15-30 mins)

ELA Block (90-120 mins)

Math Block (90-120 mins)

12-12:45-

Teacher/Student Lunch Break

12:45-3:00-

Independent work, intervention groups, enrichment opportunities

Kinder Schedule:

AM

8-8:15-Beginning of Day Video

8:15-8:30- Meeting/check in

8:30-9:15- ELA whole/small groups

9:15-9:30- Break

9:30-10- Math Whole/small groups

PM

10-10:5-Beginning of Day Video

10:15-10:30-Meeting/check in

10:30-11:15-ELAwhole/small groups

11:15-11:30-Break

11:30-12- Math whole/small groups

12-12:45- Teacher Lunch

REMINDER

MASKS & SOCIAL DISTANCING ARE REQUIRED ON CAMPUS.

CHILDREN 2 AND UNDER ARE EXEMPT.

JANUARY
2021

Counseling Corner

with Mrs. Vergara
951-696-1404 ext. 2490
nvergara@murrieta.k12.ca.us

Supports and Links

[The Great Kindness Challenge Check List](#)

[Kindergarten Kindness Checklist](#)

[Counselor Check-In Form](#)

[Community Resources](#)

[Free Mental Health Concierge](#)



During the week of January 25-29th we celebrate the Great Kindness Challenge. At the heart of The Great Kindness Challenge is the simple belief that kindness is strength. We also believe that as an action is repeated, a habit is formed. With the Great Kindness Challenge checklist in hand, students have the opportunity to repeat kind act after kind act. As kindness becomes a habit, peace becomes possible. The Great Kindness Challenge is a grassroots movement that is making our schools, communities, and world a kinder and more compassionate place for all. Working together, we joyfully prove that KINDNESS MATTERS!

MLK Jr.

**THE TIME
IS ALWAYS
RIGHT TO
DO WHAT
IS RIGHT.**

~Martin Luther King, Jr.

In the month of January, we honor and celebrate Martin Luther King, Jr. Day, which falls on January 18th this year. Martin Luther King, Jr. was a civil rights leader who was integral in promoting peace, tolerance, and justice for all. His powerful oration throughout the 1960s helped lead to the passage of the Civil Rights Act of 1964, prohibiting segregation and discrimination.

In the spirit of the Great Kindness Challenge, let us continue to learn from Dr. King who said, "Life's most persistent and urgent question is: What are you doing for others?"

Coping Skill of the Month - Kindness

In recognition of the Great Kindness Challenge, this month's coping tool is kindness. More specifically, kindness to yourself. We often find ourselves engaging in negative, shame-based self-talk when we experience strong emotions. Instead, speak to yourself as you would to a friend - with loving, gentle kindness. Click the following to find a list of kind statements you can use in moments of struggle. [Kind Affirmations](#)





CURTIS KARATE
WHERE CHARACTER COUNTS

www.curtiskarate.com

26755 Jefferson Ave. Suite B Murrieta, Ca. 92562

951-461-6671 dani@curtiskarate.com

Dear Parents,

I'd like to share our community service program which we provide to several elementary schools in our area! This is a program focused on character development skills needed to help mold your children into the future leaders of our community!

We are presenting this FREE Character Counts Program to your elementary school which will help your children to be better students and more disciplined, not only at home, but in school as well! All of our programs convey stranger awareness tips, bully prevention, NON-VIOLENT conflict resolution, and POSITIVE DISCIPLINE for all students. We always make sure to praise each and every student before we ever correct them, providing a safe environment for students to learn and grow at home, at school and everywhere they go!

This is DIFFERENT than a regular karate class held VIRTUALLY after school. This is an Educational Program revolving around, self discipline, respect, good manners, bully prevention and stranger awareness!

This program will consist of: 4 classes held every Monday after school via ZOOM for four weeks. Key Elements of this Character Counts Program include:

- **Lessons taught are primarily focused around respect, discipline and learning skills.**
- **The martial arts Portion of the program is focused primarily on communication skills and basic defense skills. Your students do not become abusive or use the skills offensively during these after school sessions.**
- **We will be emailing homework assignments that are character and discipline based.**

The most important lesson that your children will be learning is RESPECT!!!! Respectful behavior, good manners and self discipline are the building blocks of good leaders of our community!

A Special award ceremony will be held on Friday February 19th that way students can show off their skills to mom and dad and one lucky student will be awarded a \$100 gift card and a karate trophy for all their hard work!

Program Dates and times:

Monday January 25th @ 3:00pm

Monday February 1st @ 3:00pm

Monday February 8th @ 3:00pm

Monday February 15th @ 3:00pm

SPACE IS LIMITED. ONLY 50 SPOTS AVAILABLE. REGISTRATION WILL START ON FRIDAY IF YOU ARE INTERESTED IN HAVING YOUR CHILD PARTICIPATE

If you have any questions please feel free to contact Curtis Karate at 951-461-6671 located at 26755 Jefferson Ave. Suit B Murrieta, Ca. 92562 or email us at dani@curtiskarate.com

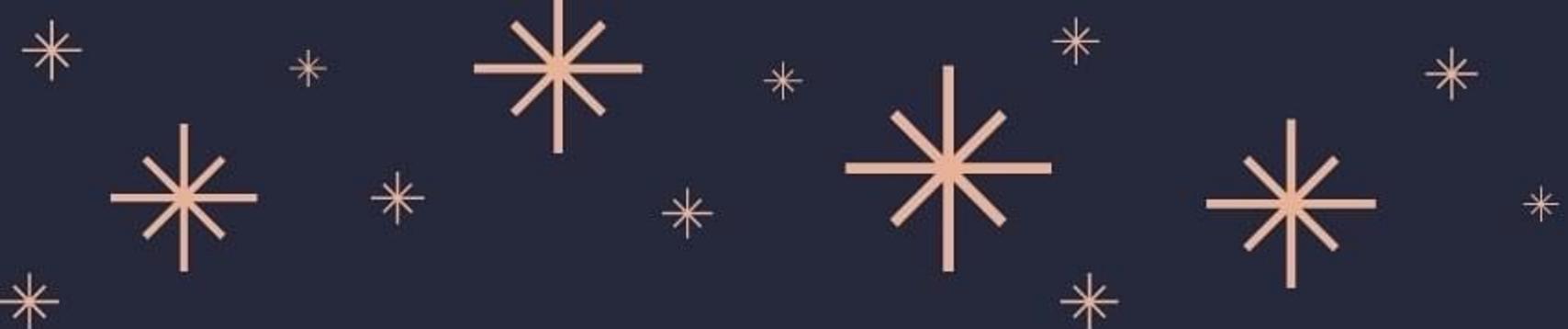


Valentine's for Vets

Please join us in making Valentine's Day cards for our veterans. You can use any materials you have at home and drop them off after our holiday break. There will be a box set outside of the front office from 1/12-1/22.

Please remember no violence or inappropriate pictures.





MEAL PACK

JANUARY 14TH

Due to the 1/18 holiday, this meal pack
will include 4 breakfasts and 4 lunches

Thursdays @ 12:15PM-6PM

For locations and other details, visit:
www.murrietaschoolnutrition.com

**Menu and Meal Pack items
subject to availability and change



***Virtual Learning Meal Pack Information below, including:
Locations, Menu, Nutrition & Heating of items***

Meal Pack Pick-Up

FREE TO ALL ENROLLED MVUSD STUDENTS

Thursdays @ 12:15PM-6PM



Families may pick up meals from a single school site for all students in the family.

Reminder:

Student ID or ID number is required for all meal



RAIL RANCH ELEMENTARY SCHOOL

NEW YEAR

COFFEE & CONVERSATION

AND ELAC MEETING

PARENTS AND FAMILIES OF ENGLISH LANGUAGE LEARNERS

PLEASE JOIN US

TUESDAY, JANUARY 19, 2021

2:00 P.M. – 3:00 P.M.

LINK FOR OUR ZOOM GET TOGETHER:

<https://murrieta-k12-ca-us.zoom.us/j/6698374864>

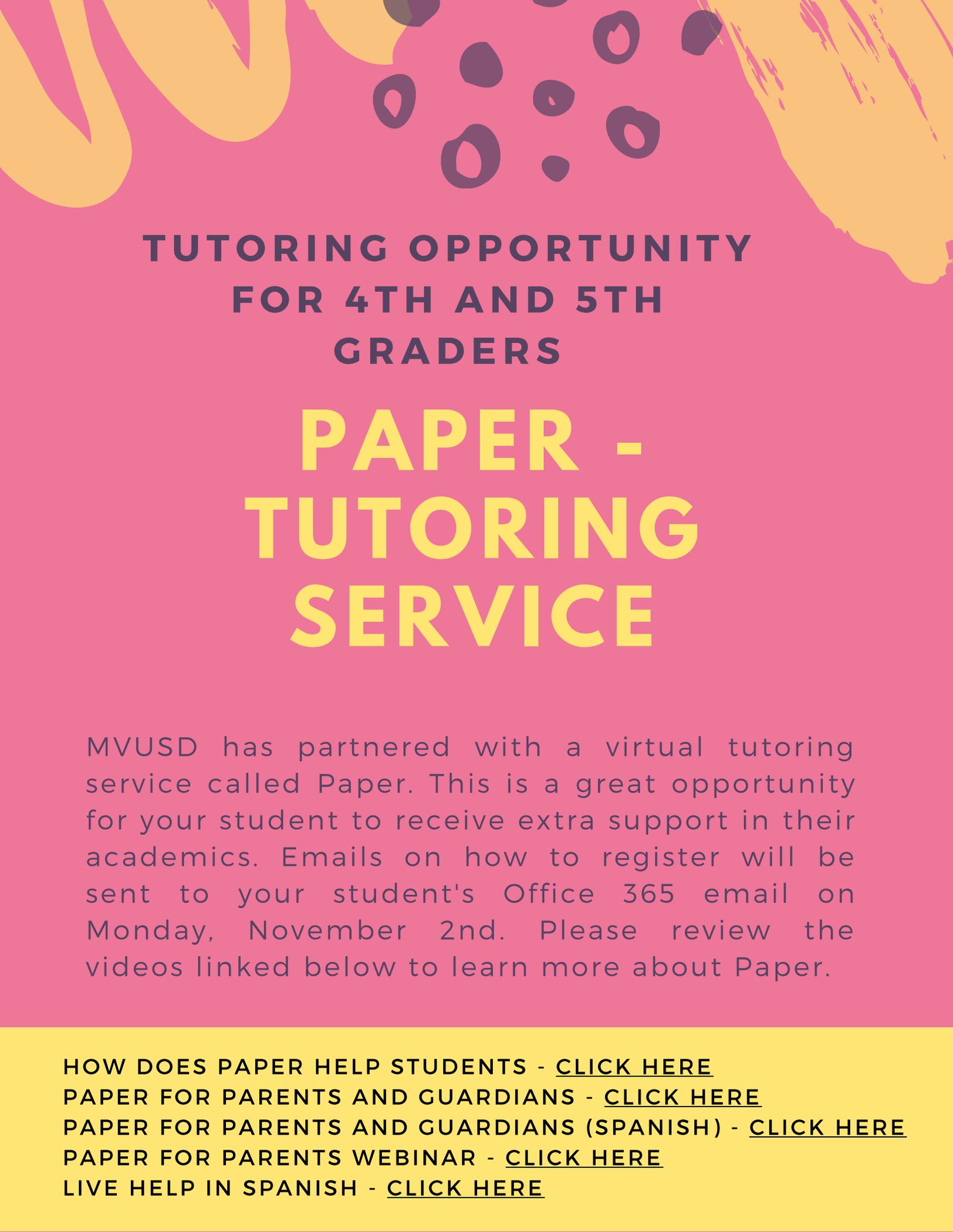
Join us from the comfort of your own home

Bring your own coffee!

AGENDA:

- * HOW YOU CAN CONTINUE TO SUPPORT YOUR STUDENTS AT HOME
- * ELPAC TESTING FOR EL STUDENTS IN THE SPRING
- * HOW CAN WE HELP YOU?

IF YOU HAVE QUESTIONS, PLEASE CONTACT CAROLE ROUSH @ CROUSH@MURRIETA.K12.CA.US



TUTORING OPPORTUNITY FOR 4TH AND 5TH GRADERS

PAPER - TUTORING SERVICE

MVUSD has partnered with a virtual tutoring service called Paper. This is a great opportunity for your student to receive extra support in their academics. Emails on how to register will be sent to your student's Office 365 email on Monday, November 2nd. Please review the videos linked below to learn more about Paper.

HOW DOES PAPER HELP STUDENTS - [CLICK HERE](#)

PAPER FOR PARENTS AND GUARDIANS - [CLICK HERE](#)

PAPER FOR PARENTS AND GUARDIANS (SPANISH) - [CLICK HERE](#)

PAPER FOR PARENTS WEBINAR - [CLICK HERE](#)

LIVE HELP IN SPANISH - [CLICK HERE](#)

**OPORTUNIDAD PARA
SERVICIOS DE TUTORÍA
PARA 4° Y 5° GRADO**

PROGRAMA DE TUTORÍA- PAPER

El distrito escolar del valle de Murrieta, MVUSD, se ha asociado con un servicio de tutoría virtual llamado Paper. Esta es una gran oportunidad para que su estudiante reciba más apoyo académicamente. Se le enviará un correo electrónico con instrucciones para registrarse al servicio a la cuenta Office 365 de su estudiante el lunes, 2 de noviembre. Favor de revisar los enlaces que se encuentran debajo de este mensaje para aprender más sobre el programa Paper.

¿QUÉ AYUDA LES BRINDA PAPER A LOS ESTUDIANTES? [HAGA CLIC AQUÍ](#)
PAPER PARA PADRES Y TUTORES- [HAGA CLIC AQUÍ](#)
PAPER PARA PADRES Y TUTORES EN ESPAÑOL- [HAGA CLIC AQUÍ](#)
SEMINARIO WEB DEL PROGRAMA PAPER PARA PADRES- [HAGA CLIC AQUÍ](#)
AYUDA EN LÍNEA EN ESPAÑOL- [HAGA CLIC AQUÍ](#)